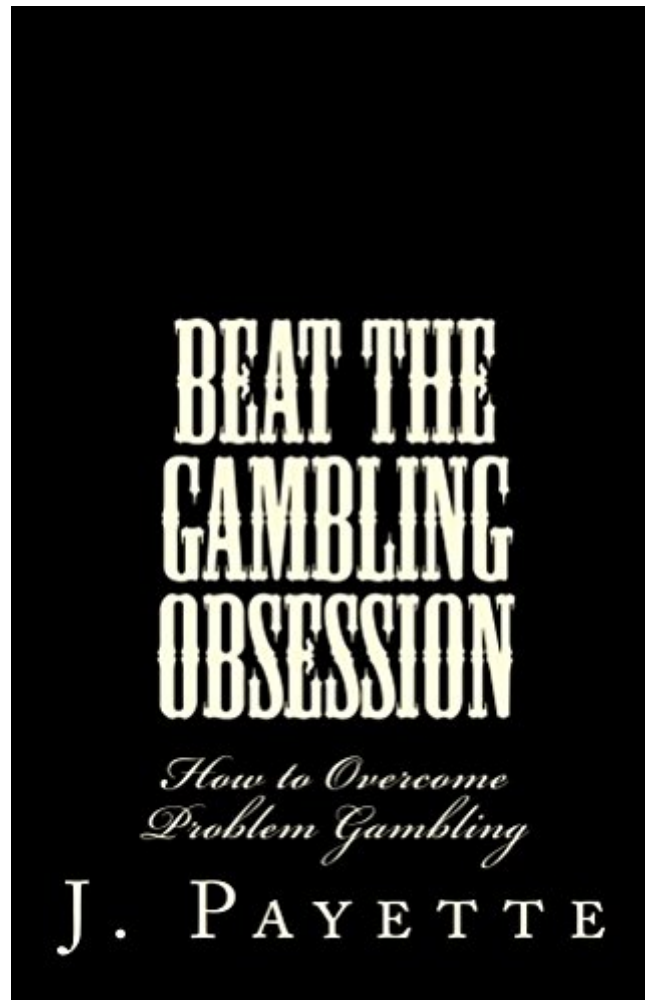




**Ebook Directory**  
the best source of ebook

The book was found

# Beat The Gambling Obsession: How To Overcome Problem Gambling



## Synopsis

Know someone who is a hooked gambler? At risk of disaster or worse? There is a way out. Even after empty promises to quit, loans never repaid, lies told like confetti, there is a way out. An addiction doesn't listen to reason. It listens to itself. All else is a far distant second. It is easy to change from a recreational gambler to a compulsive gambler without the sufferer's knowledge, and so denial is one of the most common symptoms. Without intervention, compulsive gamblers are almost always helpless to quit regardless of the repercussions, even when confronted with the possible destruction of their lives. Even in regions that don't have legal gambling, casinos are literally everywhere via the Internet. It is far too easy to fall into temptation. And complicating matters further, there is often a link that connects nicotine, other drugs, and alcohol with obsessive gambling. There are particular medications that can actually encourage a person to bet. Beat the Gambling Obsession is a one-of-a-kind book that effectively teaches simply and clearly how to overcome the scourge that has destroyed so many lives. More than a quit gambling book, however, Beat the Gambling Obsession is the retraining guide that covers the true nature of gambling, plus the recently discovered ways to overcome it. Explained within its pages is the fact that compulsive gamblers have been trained to gamble. Just as someone can be trained, so can that person be untrained. Obsession is designed to make clear how to reset one's life. To help prevent future misery, Obsession includes a maintenance program to prevent a relapse, plus a money management program to protect finances. Since most people with this affliction can't overcome it until they are seriously damaged, Obsession offers intervention to someone before they have destroyed their lives. Act now before the curse of so many casinos and so many dangerous temptations takes the very last drop of the victim's self-respect, possessions, and far too often their lives.

## Book Information

File Size: 382 KB

Print Length: 57 pages

Publication Date: December 12, 2016

Sold by: A Digital Services LLC

Language: English

ASIN: B01N7HTQXC

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,160,977 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #55

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Addiction & Recovery > Gambling

#96 in Books > Health, Fitness & Dieting > Addiction & Recovery > Gambling #946

in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Addiction & Recovery >

Substance Abuse

## Customer Reviews

When is an addiction really over? When has it been conquered, or irrevocably run its course? A unique and surprising approach to overcoming gambling addiction is contained in this book authored by someone who believes the answer lies in the ability to say -- without fear of contradiction -- that an uncontrollable urge that once ruled and devastated his life has now been relegated to an activity of small consequence, or even a form of harmless entertainment. The manner in which this objective was achieved does not ignore the rush of excitement that all gamblers crave and inevitably succumb to. Instead, it utilizes this very potent lure, and virtually exhausts it in a manner and in an environment that is both harmless and entertaining. It should appeal equally to both Action and Escape gamblers -- those who are attracted to high risk, and those who wish to lose themselves in something outside of everyday reality. The method itself enables gamblers to gain coping skills and empowerment while living in a world of lotteries, casinos, and all manner of Internet enticement. While these can't be avoided, the desire to participate can be neutralized, or even eliminated. It would be interesting to know how this method might be adapted to other forms of addiction, and if this author has already begun thinking along these lines. - Greta Bishop

This book is written by a, now "cured," problem gambler. I highly recommend this for anyone who either already has an obsession with the casino or betting games and anyone that is even thinking of starting to gamble. It shows how anyone can become addicted by falling into a pattern and thinking about the casino as a solution. The casino is not a solution, pointed out by this book, it will make problems worse if you use it the wrong way. The author does a great job describing his own circumstances and thoughts. He is a story teller and he adds humor and realism to his writing that

keeps you interested. I loved that he shows you what people think and how they get hooked. He has done his research and gives a lot of helpful insight. His strategy for allowing problem gamblers to diagnose and cure themselves makes sense! He gives problem gamblers a way to understand their bad habits visually and with proof! Once someone follows his instruction they will find out that they had it all wrong.

[Download to continue reading...](#)

Gambling Addiction: The Ultimate Guide To Gambling Addiction Recovery: How To Finally Overcome Gambling Addiction And Problem Gambling Forever (Overcome ... Sports Gambling, Fantasy Sports, Poker) Gambling:Overcoming Gambling Addiction- The Ultimate Blueprint To Escape Compulsive Gambling Addiction Forever! (Gambling Addiction,Gambling,Compulsive Gambling,Roulette,Gambling Systems) Beat the Gambling Obsession: How to Overcome Problem Gambling The Gambling Addiction Recovery Workbook: Written by a Former Gambler (Gambling Addiction Cure, Compulsive Gambling, Problem Gambling, Gambling Stories) The Ultimate Gambling Addiction Help Guide: How to Overcome a Gambling Addiction and Problem Gambling Once and for All Gambling Addiction Cure: How to Overcome Gambling Addiction and Stop Compulsive Gambling for Life Understand and Overcome Gambling Addiction (Understand & Overcome) GAMBLING ADDICTION: Overcome Gambling Compulsion Today! Gambling Addiction Cure: Gambling Addiction Cure and Recovery of Your Life (Addiction Recovery, Addiction Gambling, Quit Smoking, Addictions) Gambling:Just Stop Pressing The Button: The Truth Behind our Gambling Addiction - What Most People Do Not Understand And How You Stop Gambling Away Your Life Obsession: First Four Books In The Billionaire's Obsession Series The Billionaire's Obsession: The Complete Collection Boxed Set (Mine For Tonight, Mine For Now, Mine Forever, Mine Completely) (The Billionaire's Obsession series Book 1) Shyness: How To Overcome Shyness and Social Anxiety: Own Your Mind, Confidence and Happiness (Personal Transformation, Confident, Shy, Overcome Fear, Low ... Gain Control, Boost Your Confidence Book 2) Addiction and Recovery: How to Overcome Alcohol, Gambling, Drug, Sex, Food, and Technology Addictions (Addiction, Substance Abuse, Addiction and Recovery, Alcohol Addiction) HOW TO OVERCOME ADDICTION ON YOUR OWN: SELF-HELP STRATEGIES FOR GETTING CLEAN WITHOUT HELP (GAMBLING, PORNOGRAPHY, MARIJUANA, DRUGS, ALCOHOL, SHOPLIFTING) Master Book On Addiction: How To Overcome Drug Addiction-Alcohol Addiction-Smoking Addiction-Gambling Addiction-Internet Addiction-Overeating Change Your Gambling, Change Your Life: Strategies for Managing Your Gambling and Improving Your Finances, Relationships, and Health Change Your Gambling, Change Your Life: Strategies for Managing Your Gambling and

Improving Your Finances, Relationships, and Health (Harvard Health Publications) Gambling  
Addiction: One Last Game!: How To Stop Gambling And Finally Get Your Life Back 7 Tools to Beat  
Addiction: A New Path to Recovery from Addictions of Any Kind: Smoking, Alcohol, Food, Drugs,  
Gambling, Sex, Love

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)